

RK MARTIAL SCIENCES & FITNESS

Start Time	Monday	Tuesday	Wednesday	Start Time	Thursday	Friday	Saturday	Start Time
8:30 AM				8:30 AM				8:30 AM
9:00 AM				9:00 AM			ADULTS	9:00 AM
9:30 AM				9:30 AM			8:30-9:45	9:30 AM
10:00 AM				10:00 AM				10:00 AM
10:30 AM				10:30 AM			ADULTS	10:30 AM
11:00 AM				11:00 AM			10:00-11:15	11:00 AM
11:30 AM				11:30 AM			KIDS	11:30 AM
12:00 PM				12:00 PM			11:35-12:30	12:00 PM
12:30 PM				12:30 PM			CANE CLASS	12:30 PM
1:00 PM				1:00 PM			12:30-1:30	1:00 PM
1:30 PM				1:30 PM				1:30 PM
2:00 PM				2:00 PM				2:00 PM
2:30 PM				2:30 PM				2:30 PM
3:00 PM				3:00 PM				3:00 PM
3:30 PM				3:30 PM				3:30 PM
4:00 PM				4:00 PM				4:00 PM
4:30 PM	KIDS	KIDS		4:30 PM	KIDS			4:30 PM
5:00 PM	4:30-5:30	4:30-5:30	SPECIAL NEEDS	5:00 PM	4:30-5:30			5:00 PM
5:30 PM	ADULTS	ADULTS	SELF DEFENSE	5:30 PM	ADULTS	SELF DEFENSE		5:30 PM
6:00 PM	5:35-6:30	5:35-6:30	ADVANCED ADULTS	6:00 PM	5:35-6:30	Starts 5/16/2008		6:00 PM
6:30 PM	KIDS	KIDS	ADVANCED ADULTS	6:30 PM	KIDS	ADVANCED ADULTS		6:30 PM
7:00 PM	6:35-7:30	6:35-7:30	ADVANCED ADULTS	7:00 PM	6:35-7:30	6:30-8:00		7:00 PM
7:30 PM	ADULTS	ADULTS		7:30 PM	ADULTS			7:30 PM
8:00 PM	7:35-8:30	7:35-8:30		8:00 PM	7:35-8:30			8:00 PM
8:30 PM				8:30 PM				8:30 PM
9:00 PM				9:00 PM				9:00 PM
9:30 PM				9:30 PM				9:30 PM

Class Schedule Effective April 28, 2008